

## Tool to Estimate Patients' Costs

### Indicators to be measured with questionnaire

Please refer to the guidelines on interpretation to see which questions cover each indicator. We recommend to analyze for the median and mean (if applicable).

- 1. Direct costs to patient before and during diagnosis**
  - Direct costs before and during TB diagnosis
  - The type of provider that was consulted before the patient reached the public facility
- 2. Patient and Health System Delays**
  - Patient delay (time gap between onset of symptoms and first visit at public clinic)
  - Diagnostic delay (time gap between onset of symptoms and diagnosis by the NTP)
  - Health system delay (doctor delay and treatment delay)
  - Total delay (patient + health system)
  - The type of provider consulted before patient reached public facility
  - Health-seeking behavior of patient
- 3. Indirect costs before & during diagnosis**
  - Indirect costs before and during TB diagnosis
- 4. Direct costs of patients during treatment**
  - Direct costs during TB treatment
  - Total direct costs due to TB
  - Costs of hospitalization for TB patient
- 5. Indirect costs during treatment**
  - Indirect costs during TB treatment
- 6. Total costs of TB patients**
  - Total direct costs of TB patients (pre-diagnostic, diagnostic, treatment)
  - Total indirect costs of TB patients (pre-diagnostic, diagnostic, treatment)
  - Total costs of TB patients (indirect + direct before diagnosis, during diagnosis, during treatment)
  - Cost of TB including pain and suffering (willingness to pay)
- 7. Productivity**
  - % reduction of productivity due to TB
- 8. Coping costs**
  - % of patients who take out loan
  - Costs due to interest on loan
  - % of patients who sell assets
  - Type of assets sold
  - % reduction of household income spent on food due to TB
  - Extent of reduction in food consumption
  - % of patients whose children miss school to help finance costs due to TB
- 9. Guardian costs**
  - Direct costs of guardians
  - Indirect costs of guardians
  - Total costs of guardians

**10. Additional healthcare costs (including HIV)**

- Additional costs due to other diseases

**11. Willingness and ability to pay**

- Cost of TB including pain and suffering

**12. Income and affordability of TB and healthcare**

- % of household income spent on food
- % of household income spent on TB (pre-diagnostic and diagnostic costs)
- % of household income spent on TB treatment
- % of household income spent on TB (prediagnostic, diagnostic, treatment)
  
- % of per capita income spent on TB pre-diagnostic and diagnostic costs
- % of per capita income spent on TB treatment
- % of per capita income spent on TB (pre-diagnostic, diagnostic, treatment)
  
- % of household income contributed by TB patient
- % reduction of household income due to TB illness of household member
- % reduction of personal income due to TB

**13. Health Insurance**

- % of patients covered by any kind of health insurance
- % of costs due to TB reimbursed by health insurance

**14. Gender / social costs of TB**

- % of women who cannot seek care by themselves
- % of women who are financially independent
- % of TB patients whose private or social life was affected by TB
- Type of effect on private or social life
- % of patients where daughters don't attend school regularly due to TB case in family
- % of patients where daughters replaced work due to TB case in family
- Difference in direct costs between men and women
- Difference in indirect costs between men and women
- Difference in patient delays between men and women
- Difference in health system delays between men and women
- Difference in reduction of productivity due to TB between men and women
- Difference in reduction of personal income due to TB between men and women

**15. Socioeconomic questions**

- % of literate and illiterate patients
- Educational level of patients, head of household, spouse of head of household, primary income earner
- Type of Occupation of patients
- Type of employment status of patients
- Level of impoverishment of household
- % of patients belonging to lowest income quartile/quintile of country
- % of patients belonging to poorest socioeconomic group
- % of patients belonging to minority (tribe/ethnic group/religion)