

Respirator Fit Test Procedure Form

Employees should pass an appropriate qualitative fit test or quantitative fit test:

Prior to initial use,

Whenever a different respirator (size, type, model or make) is used,

Periodically thereafter,

Additional fit test whenever changes in physical condition or job description that could affect respirator fit are noticed or reported.

Observe if the HCW applies the respirator in a correct manner.

Name of employee: _____

Place of work (Name of facility/Department): _____

Date of fit test: _____

Respirator (Type and size): _____

Steps	Activity	Y	N
Step 1	Respirator Medical Evaluation		
Sensitivity Test			
Step 2	Use sensitivity solution to establish if health worker tastes test agent		
Application of Respirator			
Step 3	Find center of nose piece and bend		
Step 5	Open respirator		
Step 5	Place straps on back of head		
Step 6	Place respirator on face		
Step 7	Pull top strap over head		
Step 8	Place top strap on crown of head		
Step 9	Pull lower strap over head		
Step 10	Pinch metal clip or foam cuff around nose		
Step 11	Pull respirator over chin		
Step 12	Check for major leaks		
Fit Test			
Step 13	Cover head with hood with opening in front		
Step 14	Squeeze nebulizer 5-10 times with fit test solution		
Step 15	Normal breathing 1 minute		
Step 16	Deep breathing 1 minute		
Step 17	Move head side-to-side 1 minute		
Step 18	Move head up-and-down 1 minute		
Step 19	Talk non-stop 1 minute		
Step 20	Jogging or walking in place 1 minute		
Step 21	Normal breathing 1 minute		
Step 22	Remove straps one by one from behind over the head		
Administration / Comments			
Date of next fit test:		Name:	