Respirator Fit Test Procedure Form

Employees should pass an appropriate qualitative fit test or quantitative fit test:

Prior to initial use,

Whenever a different respirator (size, type, model or make) is used,

Periodically thereafter,

Additional fit test whenever changes in physical condition or job description that could affect respirator fit are noticed or reported.

Observe if the HCW applies the respirator in a correct manner.

Name of employee:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Place of work (Name of facility/Department): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of fit test:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Respirator (Type and size):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| Steps | Activity | Y | N |
| Step 1 | Respirator Medical Evaluation |  |  |
| Sensitivity Test | | | |
| Step 2 | Use sensitivity solution to establish if health worker tastes test agent |  |  |
| Application of Respirator | | | |
| Step 3 | Find center of nose piece and bend |  |  |
| Step 5 | Open respirator |  |  |
| Step 5 | Place straps on back of hand |  |  |
| Step 6 | Place respirator on face |  |  |
| Step 7 | Pull top strap over head |  |  |
| Step 8 | Place top strap on crown of head |  |  |
| Step 9 | Pull lower strap over head |  |  |
| Step 10 | Pinch metal clip or foam cuff around nose |  |  |
| Step 11 | Pull respirator over chin |  |  |
| Step 12 | Check for major leaks |  |  |
| Fit Test | | | |
| Step 13 | Cover head with hood with opening in front |  |  |
| Step 14 | Squeeze nebulizer 5-10 times with fit test solution |  |  |
| Step 15 | Normal breathing 1 minute |  |  |
| Step 16 | Deep breathing 1 minute |  |  |
| Step 17 | Move head side-to-side 1 minute |  |  |
| Step 18 | Move head up-and-down 1 minute |  |  |
| Step 19 | Talk non-stop 1 minute |  |  |
| Step 20 | Jogging or walking in place 1 minute |  |  |
| Step 21 | Normal breathing 1 minute |  |  |
| Step 22 | Remove straps one by one from behind over the head |  |  |
| Administration / Comments | | | |
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|  | | | |
| Date of next fit test: Name: | | | |